

**"Remember, no one can make you feel inferior  
without your consent."**

*Eleanor Roosevelt*

## **Your Inspiration for Today!**

*We all have excess baggage that we desperately need to let go of. We have all made mistakes in the past; made poor judgement calls, harbored ill feelings toward others, hurt someone or been hurt by someone. The only person who gets hurt by holding on to this baggage is yourself. It is like a snake bite. It is not the bite that kills you; it is the venom that infects your system.*

**Be Positive, Be Inspired and Serve Others.**

**Your MyInspiration4Life.com Team**