

Action Guide

Love is a Gift

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Remember:

Sometimes it's a form of love just to talk to somebody that you have nothing in common with and still be fascinated by their presence. ~David Byrne

Reflections:

Someone once said, "You can give without loving, but you can never love without giving."

Reflect on that thought for a moment. What does it really mean to you? How does the message apply to you personally?

Please realize that action is the key to making positive changes in your life. Without action, knowledge is lost. Inaction will not result in fulfillment, taking ACTION will!

Application:

What are you doing for others? *Nothing?*

Or perhaps you give money so **somebody else** can do something? Not good enough. Not for you!

My challenge to you is to serve by **doing something yourself**.

Cut loose some time every other week (at least), and spend it on hands-on, face-to-face work. Try an hour or two, at first. (You might find it hard to stop there!) And at some other time, even if it's only once or twice in a year (hopefully more), be with others who are working on long-term solutions to the troubles of those in need, or in raising public awareness about them.

List the names of places you may give the gift of love to. Then after you have served, on a separate piece of paper write about the experience and the feelings you had.

Retirement Home: _____ Date to serve: _____

Food Bank: _____ Date to serve: _____

Neighbor in Need: _____ Date to serve: _____

Family Member in Need: _____ Date to serve: _____

Charity: _____ Date to serve: _____

Your Choice: _____ Date to serve: _____

You can do it, I believe in YOU!